

Parent / Child Fitness Room Rules

Maximum room capacity (children and adults): 16

- Children must be supervised by their own parent/legal guardian.
- Parent/legal guardian must maintain direct line-of-sight supervision of their child at all times.
- The maximum age limit for children using the room is five years of age.
- All users must sign in at the front desk and acknowledge the room policies prior to use.
- Any toys brought by parent/legal guardian must be non-violent in nature (i.e. toy weapons are not allowed). Items including toys and toy parts that pose a choking hazard to small children are not permitted.
- Only child-appropriate television stations or G-Rated movies may be played.
- No food or drinks permitted (except for baby bottles).
- All equipment and toys located in the room are on a first-come/first-served basis.
- Do not change diapers in the room. There are changing stations located in each of the locker rooms.
- Use of equipment is limited to one hour, when others are waiting.
- The room is for parent/legal guardian caring for children only. All others must use regular facilities.

